

**PHYSICAL EDUCATION
REGISTRATION FORM
WINTER II 2008 (January 28 to March 7, 2008)
HAVERFORD COLLEGE**

Name _____ ID _____ Year _____

You are required to register for all classes, sports, clubs, etc. PRIOR to participation. Thank you!

WINTER II QUARTER, (January 28 - March 7) - Please indicate below the sport or class you wish to take. **You may take as many classes as you feel will fit your schedule. Your requirement of 6 credits must be fulfilled by the end of Sophomore Year.

Intramurals: Played approximately between 4:00 and 6:00 PM

Basketball Continued from Winter I. ()
Contacts: Scott Kleespies '08 (skleespi@haverford.edu)

Instructional

Aerobics Tuesday/Thursday 4:15 to 5:30 pm – Multi-Purpose Room ()
2nd Floor, GIAC Instructor: Meg Etskovitz

Bounce Thursday evenings. Bounce Class 6:30 to 7:30 p.m. and Bounce Club ()
7:30 to 8:30 in the Multi-Purpose, 2nd floor, GIAC.
Sneakers Required.. Contact: Jen Boyko (jboyko@haverford.edu)

Bowling - A Monday - 4:15 pm ()A
Bowling - B Tuesday - 4:15 pm ()B
Bowling - C Wednesday – 4:15 *(New Day) ()C
Bowling - D Thursday - 4:15 pm ()D

****Limited Enrollment
** Please meet the van driver/instructor in the Lobby of the GIAC****

DUIM Class will meet Saturday 3:00 – 4:15 p.m., MPR, 2nd floor, GIAC.
Contact Person: Tiffany Johnston (E-mail: tjohnsto@haverford.edu)
First Class will be held February 2.

Martial Arts Class will be held Monday/Wednesday 4:30-6:30 and Thursday 5:30 to 6:30 in
the MPR, 2nd Floor, GIAC. Contact Person: Jason Park E-mail:
(jcpark@haverford.edu)

****New Time/Location**

Introduction to Massage Therapy Class will be held on Tuesday and Thursdays 6:30-8:30 pm. The Tuesday
Class will be in the MCC, Room 106, Stokes and Thursday class : TBA

**Please contact Eli Blood-Patterson '11 for
Details. (E-mail nbloodpa@haverford.edu)**

Fitness Class Tuesday/Thursday meet first in the Conference Room, 2nd Floor GIAC and
After the meeting you will proceed to the Fitness Center.
3:15 pm ()
4:15 pm ()
6:15 pm ()

*****Classes are limited to 25 students per class.**
Cory Walts (cwalts@haverford.edu) is the Fitness Director.

- Jump Rope Sunday evenings 8:00 – 9:00 pm, Multi-Purpose Room, GIAC.
Contact: Felicia Hutchison '08 (fhutchis@haverford.edu)
- Running, Training & Techniques (Self-Paced Running up to 10 miles per week) ()
Meeting – Lobby of GIAC, Wednesday, **January 23 at 4:30 pm** Tom Donnelly (Men's Track Coach) is the Coordinator.
(tdonnell@haverford.edu)
- Women's Self-Defense Multi-Purpose Room, 2nd Floor, GIAC - Tuesday - 7:00-9:30 pm ()
First Class – Tuesday, January 29 Meet in the Conference Room 2nd floor, GIAC at 6:30 pm.
Brian Murray is the contact: (bmurray@haverford.edu)
- Yoga GIAC, 2nd Floor, Multi-Purpose Room – Wednesday & Sunday Evenings, 6:30 to 8:00 p.m.. Cindi Geesey is the instructor. ()
First class – Wednesday, January 30.

CLUBS

- Badminton Club - Contact Person: Alex Auriti '08 ()
(auriti@haverford.edu)
- Crew – Contacts: Jeff Nusbaum '08 (jnusbaum@haverford.edu) ()
- Men's Volleyball Club – Contact Person: Jeff Fellows '08 ()
(jfellows@haverford.edu)

Intercollegiate Sports

**You must register for all Varsity Sports prior to participation.

- | | | | |
|------------------|-----|----------------|-----|
| Baseball | () | Men's Tennis | () |
| Men's Lacrosse | () | Women's Tennis | () |
| Women's Lacrosse | () | Men's Track | () |
| Women's Softball | () | Women's Track | () |

IF YOU HAVE ANY QUESTIONS REGARDING REGISTRATION YOU MAY STOP BY THE ATHLETIC OFFICE Tuesday, Wednesday or Thursday January 22, 23 and 24 between **9:00 and 12:00** and **1:00 and 4:00 PM**. **Feel Free to Email: Carole Gormley (cgormley@haverford.edu) if I can be of help.**

Haverford College students register for Haverford and Bryn Mawr classes [here!!](#)

You may check out class offerings at Bryn Mawr on the web:

<http://www.brynmawr.edu/athletics/phycourses.html>

ALL PHYS-ED CLASSES WILL BEGIN THE WEEK OF JANUARY 28, 2008.

